

## Sick Child/Exclusion for Illness Policy

It is our responsibility to keep children safe, to promote good health, to avoid the spread of infection and to take appropriate action if children become ill.

We will follow current government guidance on hygiene and infection control to keep the children and adults in our nursery safe:

Implementing protective measures in education and childcare settings we understand the needs of working parents and do not aim to exclude children unnecessarily.

However, in order to maintain a healthy environment for all children and adults we ask that parents do not bring their child to the setting if they are sick or are displaying signs of being unwell. A child is more comfortable in their own home and this will ensure children are receiving the most suitable care, (e.g. parents are able to seek medical advice if necessary). Keeping them at home protects other children and adults, including those with reduced immunity, from preventable infections.

Children who are arriving with or develop any of the following symptoms during the day, will be excluded for the period recommended by Public Health England or until fully recovered:

- Flu-like symptoms
- Diarrhoea and/or vomiting
- A temperature of 101°F/38°C or higher – see additional comments below regarding coronavirus
- Unusual spots or rashes on the skin, which may or may not include itching
- with a fever
- Sore throat with fever and swollen glands
- Headache or stiff neck, when accompanied by a high temperature
- Severe cough (child gets red or blue in the face and makes a high-pitched whoop after cough)
- Yellowish skin or eyes
- Child is irritable, continuously crying, or requires more attention than the setting can provide without risking the health and safety of other children.

**Please use the NHS App for any guidance**



Children should not attend our setting for 14 days from the date the first person in your household became ill with suspected coronavirus. If the household all test negative for coronavirus your child may return as long as they and everyone in the household feel well.

If a child becomes unwell whilst in my setting:

- They will be comforted and found a place to rest away from the other children and their condition monitored, I may need to wear full PPE if the child shows signs of coronavirus Parents or an emergency contact will be informed and expected to collect the child as soon as possible
- Verbal permission will be sought to give temperature reducing medicine if appropriate, if prior written permission has been given
- Details of the child's signs and symptoms and any medication/treatment given will be put in writing and signed by the parent on collection of the child (or confirmed by text message/email as soon as practicable during the coronavirus pandemic)

During the coronavirus pandemic I will take medical advice as to whether the setting needs to close temporarily if a child in my care tests positive.

In an emergency

- I will call 999 for an ambulance
- First Aid procedures may be carried out as necessary
- I will contact parents as soon as possible and explain the situation
- Arrangements will be made to meet parents at the

Ofsted will be notified of any significant events Information on children's medical health needs will be recorded, including immunisation status.

**Director's signature: Teamara Adams**

**Date: 30/04/2026**

**Parent/Carer's signature: Sign off to confirm that you have read and agree, via our full contract.**

