

The setting promotes a high standard of hygiene and promotes a healthy lifestyle. This is achieved in the following ways:

- The children will have the opportunity to play in the fresh air throughout the year
- No smoking is allowed on the premises or in the outdoor areas of the setting
- Parents are asked to keep their children at home if they have any infection, and to inform the setting as to the nature of the infection, so that the setting can alert other parents, and make careful observations of any child who appears unwell (see Sick Child/Exclusion for Illness Policy)
- Parents are asked not to bring any child who has been vomiting or had diarrhoea until 48 hours has elapsed since the last attack
- Parents are asked to inform the setting of any accident or injury that their child may have suffered since the last time that they were at the setting, and this will be recorded.
- The first aid equipment is kept clean, replenished and replaced as necessary; sterile items will be kept sealed in their packaging until needed

To prevent the onset or spread of illness/infection, the setting will ensure that the following practices are observed:

- All surfaces are cleaned daily, equipment and resources when necessary, with an appropriate cleaner
- Outdoor areas will be checked and health risks removed
- Children will not have access to any waste, the bins are emptied daily and any used nappies are double wrapped and disposed of appropriately
- Food is stored appropriately and fridge/freezer are kept at the correct temperature; food is disposed of if out of date
- Tissues are available and children are encouraged to blow and wipe their noses when necessary. Soiled tissues are disposed of hygienically and hands washed
- Children are encouraged to shield their mouths when coughing
- Children will be taught appropriate good hygiene practices and healthy living, through routines, role modelling, stories and visual and prompts

